

January – June 2011



The College of Nursing  
creating nursing's future

January to June 2011

Continuing Professional  
Development Handbook  
for RNs, ENs and Midwives

**CPD  
hours!**



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## Disclaimer

All information in this handbook is correct at the time of printing and is subject to change without notice.

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## Foreword

**Tracey Osmond, Chief Executive**

I am very pleased to present The College of Nursing's January to June 2011 calendar of continuing professional development (CPD) programs. These programs have been developed as a result of wide consultation across Australia with key nursing stakeholders to ensure that the current educational needs of all Australian nurses are catered to. The College's programs are also built on the strength of over 62 years of experience in providing postgraduate and ongoing education to nurses at all stages of their careers.

You will find that each program clearly outlines the number of CPD hours that can be claimed once the program is completed, assisting you in achieving the requisite hours of continuing development required by the Nurses and Midwives Board of Australia (NMBA) for your annual renewal of your authority to practise.

The College delivers these programs in a variety of modes – from face-to-face sessions, distance education to online delivery or a combination of these. The College has recently launched the first of its fully online CPD programs which comprise two to three hours of interactive learning available through the College's online student environment, CNnect. The first release is the physical assessment suite of programs which are essential learning for all nurses. The College is continually adding to these programs, so be certain to visit the College's website [www.nursing.edu.au](http://www.nursing.edu.au) to keep abreast of new releases.

In addition to the CPD programs outlined in this book, The College of Nursing provides a range of other services to the profession. We are a peak nursing body representing our members and the broader profession nationally as well as being both a registered Higher Education provider and a Registered Training Organisation. As a member you are entitled to a range of discounts on College products and services as well as access to the Katie Zepps Library, the largest dedicated nursing library in the southern hemisphere. Our specialist library staff will provide you with electronic access to books, journals, database searches, interlibrary loans and much more.

I know that you will benefit from your study with the College – over 6,000 nurses continue to enrol with us each year.



## College membership

### Enhance your career by joining Australia's peak nursing College

The College's Board of Directors is elected by the Fellows and Members of the College. The Board works on behalf of the members to advance the quality, status and recognition of the nursing profession. The College of Nursing therefore is run by nurses for nurses, so have your say in nursing's future.

By becoming a member of the College you join an impressive group of past, present and future high achievers in the Australian nursing profession. College members play a leading role in the direction of nursing policy and the provision of quality health care.

Full membership of the College is available to registered and enrolled nurses. Pre-registration and pre-enrolment students are also able to become student members at a one-off membership fee for the duration of their studies (to a maximum of three years).

Reciprocal membership is also available to financial members of affiliated nursing organisations at a reduced rate.

A complimentary one-year period of membership is available to College students who undertake any course in this handbook with a minimum of 35 CPD hours and who have never been a member of the College. Call the Membership Officer on 02 9745 7569 for full details.

College membership delivers great value for money. Full membership provides access to a range of College services, often at a significantly reduced cost:

#### **State-of-the-art library services**

- access to extensive databases, e-journals and other online resources from your desktop 24/7
- nursing-focused book, print journal and audiovisual collections
- timely delivery of information by email, fax or post
- expert online searching of the literature by library staff
- targeted current awareness services
- knowledge and expertise of librarians very experienced in nursing information
- help in learning how to use resources effectively.

#### **Continuing Professional Development Program**

- access to the College's CPD program and e-portfolio (coming soon).

#### **Member discounts on:**

- all College Continuing Education courses
- Professional Events
- College merchandise.

### **Access to up-to-date information on professional nursing and health care issues**

- free subscription to our quality journal, nursing.aust
- Professional Events examining topical issues
- information via the College website
- e-news.

### **Political and professional representation**

- lobbying State and Commonwealth health and education departments and ministers
- policy and discussion papers on the issues affecting your nursing career, with input from members and affiliates
- media releases on key health care issues.

### **Affiliation with other health industry and professional organisations**

- affiliation with specialty nursing organisations
- affiliation with community and welfare organisations
- memoranda of understanding or cooperation with relevant bodies.

The College is committed to providing members with the highest quality and most practical professional services. New and additional services will become available over time, based upon member needs and suggestions. The more you become involved in your College, the greater the benefits you receive.

### **Fellowship**

Fellowship is awarded to nurses who can demonstrate a significant contribution to the profession. Nurses wishing to apply for fellowship should first contact the Membership Officer on 02 9745 7569, who will advise them of how to proceed. Fellowship may be awarded by the Board after careful consideration of a candidate's portfolio of evidence of their contribution to the profession. Fellowship is the highest accolade a nurse can attain. Applications can be made at any time throughout the year.

### **Membership fees**

These prices were correct at the time of printing, however, fees are subject to change without notice.

Type of membership	Fee payable (incl. GST)
Membership	\$185.00 (annually)
Undergraduate membership (only applicable to pre-registration and pre-enrolment nursing students for the duration of their studies to a maximum of three years)	\$88.00
Affiliate membership	\$132.00 (annually)
Fellowship	\$205.00 (annually)

### **Membership information**

Locked Bag 3030, Burwood NSW 1805

Phone: 02 9745 7569 ~ Fax: 02 9745 7501 ~ Email: membership@nursing.edu.au



## College professional events

The College of Nursing is a pre-eminent national professional organisation representing nurses across Australia.

The College's Professional Events are held around Australia each year and are aimed at engaging nurses with high profile health care experts in lively debate and discussion about current issues affecting the Australian health care system and professional issues.

For the first half of 2011, three professional events have been scheduled:

- Fellows Reception:  
Thursday 31 March 2011
- Wednesday 13 April 2011, Burwood NSW
- Thursday 2 June 2011, Burwood NSW

The cost for these events, including supper, is as follows:

- Members \$55.00 (incl. GST)
- Non-members \$65.00 (incl. GST)

Please check the Professional Events section of the College website at [www.nursing.edu.au](http://www.nursing.edu.au) for details of further Professional Events to be held throughout the year.



All College of Nursing Professional Events attract continuing professional development CPD hours.

Dates are correct at time of printing. Changes will be posted on the College website.

## How do I undertake the CPD Program?

The Continuing Professional Development (CPD) program enables CPD participants to maintain a log of activities each calendar year.

A record of your CPD activities will be required as part of your annual renewal of registration with APHRA (Australian Health Practitioner Regulation Agency). See [www.nursingmidwiferyboard.gov.au/Registration-Standards.aspx](http://www.nursingmidwiferyboard.gov.au/Registration-Standards.aspx) for more information.

To meet the requirements of the College's CPD program at least 20 hours of CPD per annum is necessary.

What does my involvement achieve?

The College's CPD program is designed to capture and acknowledge those activities that nurses routinely undertake to maintain their currency and competence. It is envisaged that members' involvement in the CPD program will prove invaluable for professional activities such as preparation for annual performance reviews and the reauthorisation process for nurse practitioners.

On achievement of their CPD target annually, all participating Members and Fellows will receive formal certification for inclusion in their professional portfolio and/or curriculum vitae.





## Enrolment information

### Application criteria

Applicants are required to:

- 1 be currently registered or enrolled with the Nurses and Midwives Board of Australia (NMBA), or the jurisdiction within which they work and reside. Applicants must provide proof of current registration/enrolment with their application form.
- 2 be a registered allied health professional with the relevant Australian Health Practitioner Regulation Agency (APHRA) Board in Australia. The College reserves the right to offer admission to other health professionals on receipt of a written application.

### How to apply

Application forms are available directly from the College website or from your nursing administration (NSW Health facilities). Send your application form with the course fee (or 'Payment by employer' section completed) so that it reaches the College no later than 14 working days before the course commencement date. Course places are assigned in order of receipt of applications. Successful applicants will be notified on receipt of their application.

Nurses employed by NSW Health are eligible to apply for those courses identified as funded by NSW Health **NSW HEALTH**. All courses have limited places. Selections are made to ensure equity of access across the state. Unsuccessful applicants are placed on a waiting list and offered a place if cancellations occur.

All course dates and locations are subject to change without notice.

### Course fees

Please see table of fees for specific course information. Fees are correct at time of printing but are subject to change without notice.

### Refund policy

Please choose your course carefully. Refunds for Continuing Education (CE) courses and Distance Education (DE) subjects will be given only where a minimum of ten (10) working days prior to the commencement date notice is given. There is a non-refundable administration fee of \$55.00 for all Continuing Education and Distance Education refunds. Applications for refund made within ten (10) working days prior to the commencement date will not receive a refund. In these instances the applicant will be issued with a credit note. Credit notes must be redeemed within twelve (12) months of the date of issue. A \$55.00 administration fee will be charged on re-application.

### Online CPD courses

There are no refunds for online CPD courses.

### Professional events

Refunds will only be given where a minimum of five (5) working days prior to the date notice is given.

Applications for a refund made within five (5) working days prior to the date will not receive a refund due to catering and administrative costs associated with the event.

In these instances the applicant will be permitted to substitute another person in their place.

### Cancellation policy

Students paying for air travel to attend a course are advised to obtain travel insurance to cover potential losses in the event of course cancellation. The College reserves the right to cancel or postpone any course at any time for any reason as determined by the College. If the College cancels a course, the full course fee, including the administration fee, will be refunded.

### Member discounts

College members are entitled to the discounted membership rate on all Continuing Education courses. Members are also entitled to a discount on Professional Events and library literature searches.

### Continuing professional development (CPD) program

All Continuing Education short courses, Distance Education, Online Education and Professional Events attract CPD hours as indicated in this handbook.

### Goods and services tax

The College is obliged to charge GST on all Continuing Education courses. The listed course price includes 10% GST.

### Continuing Education short course fees and discounts

Course length	Registered Nurse/Midwife		Enrolled Nurse (Div. 2)	
	College member fee* (incl. GST)	College non-member fee (incl. GST)	College member fee* (incl. GST)	College non-member fee (incl. GST)
Single session (2.5 hours)	\$88.00	\$88.00	\$77.00	\$77.00
Half day	\$115.50	\$136.00	\$90.50	\$113.00
One day	\$183.50	\$215.00	\$150.50	\$182.00
Two days	\$320.50	\$377.00	\$263.50	\$320.00
Three days	\$466.50	\$549.00	\$384.50	\$466.00
Four days	\$622.50	\$732.00	\$512.50	\$622.00
Five days	\$754.50	\$888.00	\$621.50	\$754.00

\* Members must be financial at the time of application. All fees are subject to change without notice.



# Continuing education short courses

## Course descriptions

### Advanced assessment skills

RN / NP

Skills/knowledge required:

● Intermediate

● Advanced

Two days

14 CPD hours

15 & 16 June 2011

Burwood NSW

This course provides an opportunity for RNs, CNEs, CNCs and NPs to build on their current assessment skills at an advanced level, integrating evidence and research into their clinical practice. The course includes advanced physical assessment skills (including cardiac, neurological, mental health and respiratory assessment) as well as communication and critical thinking skills and how these can be integrated into advanced nursing practice.

Learning outcomes:

- Develop advanced nursing practice roles
- Support the development of evidence-based nursing interventions into their own clinical practice
- Describe the role of advanced practice nurses with the current health system
- Demonstrate advanced assessment skills within their area of clinical practice
- Develop and apply advanced knowledge and skills in a selected area of specialist clinical nursing practice.

### Aged care rehabilitation

EN / RN

Skills/knowledge required:

● Basic

● Intermediate

One day

7 CPD hours

11 February 2011

Waterfall NSW

This course will provide an overview of current and emerging Aged Care Rehabilitation Services from the Australian and international perspectives. The course will also explore contemporary professional practice issue and opportunities relating to nursing's role within the multidisciplinary care team.

Learning outcomes:

- Review current Australia-wide Aged Care Rehabilitation models of delivery
- Compare international Aged Care Rehabilitation therapies including current evidence based research
- Consider contemporary professional practice issues in Aged Care Rehabilitation
- Analyse and discuss developments and opportunities that may impact nursing's role in multidisciplinary rehabilitation over the next decade.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.

## Cancer care: Practice issues

RN

Skills/knowledge required:

- Basic
- Intermediate
- Advanced

One day  
7 CPD hours

6 April 2011  
Burwood NSW

This one day course will explore toxicities of cancer treatments and review clinical guidelines for best practice in assessing and managing patient symptoms. Content of this course will be of benefit to any nurse caring for patients with cancer as it is intended to build on existing knowledge and identify areas for further study.

Topics include:

Review of clinical guidelines for managing common toxicities, strategies for assessing and managing multiple symptoms, supporting patients and families through the cancer journey.

Learning outcomes:

- Review how and why clinical guidelines are developed for cancer care
- Examine a snapshot of clinical guidelines and best practice protocols for common toxicities of cancer treatments
- Explore strategies for assessing and managing patients with multiple symptoms
- Identify resources for patient and family support.

## Caring for the newborn infant in the special care nursery: An introduction

EN / RN

Skills/knowledge required:

- Basic

One day  
7 CPD hours

2 June 2011  
Burwood NSW

This program will provide an opportunity for beginning neonatal nurses to gain a basic understanding of the concepts that underpin this specialised area. The course will provide fundamentals required for safe practice in the special care nursery.

Learning outcomes:

- Identify and recognise neonatal pain
- Describe the role of the nurse in supporting lactation and breast feeding
- Discuss the importance of developmental care and attachment
- Define the unique needs of the preterm infant and ex preterm infant
- Describe the nursing care of the infant in normal transition
- Identify strategies to support the infant with neonatal abstinence syndrome.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.



## Change management for clinicians

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

Two days  
14 CPD hours

NSW HEALTH  
23 & 24 June 2011  
Wollongong NSW

This two-day program explores the principles of change management. The program is designed to give registered and enrolled nurses an understanding of the basic concepts involved in 'change' and highlights how nursing staff can affect, influence and bring about change in the workplace. Workplace culture, dealing with difficult behaviours and the leadership skills necessary to deal with these issues will all be examined.

Learning outcomes:

- Describe the theories of change management
- Discuss leadership and management strategies that assist in managing change
- Identify factors that encourage or inhibit change
- Manage individual and group reactions to change.

## Chronic and complex care series. Part 1: Heart failure

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

2.5 CPD hours

2 February 2011  
5.00pm – 7.30pm  
Burwood NSW

This series of evening short courses is designed for clinicians working with clients/patients with chronic and complex care conditions. The course will build on the participants' current knowledge by examining specific areas of chronic disease seen as priorities by the Department of Health and Ageing - heart failure, COPD, diabetes and renal failure.

This evening short course will provide the participant with an overview of cardiac failure, self management strategies and first line management principles.

Learning outcomes:

- Describe cardiac and vascular physiology
- Develop skills to apply first line management for heart failure
- Identify self management principles for clients with heart failure including lifestyle modifications and medication management.

## Chronic and complex care series. Part 2: COPD

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

2.5 CPD hours

9 February 2011  
5.00pm – 7.30pm  
Burwood NSW

This evening short course will provide the participant with an overview of COPD, including self management strategies, primary prevention and treatment options.

Learning outcomes:

- Identify self management strategies for COPD, including symptom and medication management
- Explain strategies for the primary prevention of smoking and other lifestyle modification strategies
- Review diagnostic findings and treatment options for patients who have COPD
- Discuss the importance of COPD guidelines including improving management of stable disease and prevention of exacerbation.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.

## Chronic and complex care series. Part 3: Diabetes

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

2.5 CPD hours

16 February 2011  
5.00pm – 7.30pm  
Burwood NSW

This evening short course will provide the participant with an overview of type 2 diabetes, current management guidelines and the potential impact of long term complications.

Learning outcomes:

- Integrate the current pharmacologic and dietary management concepts of diabetes
- Explain the nursing management of care of the diabetic patient
- Discuss the management strategies used across the lifespan of diabetes
- Describe the potential impact of long term complications related to diabetes.

## Chronic and complex care series. Part 4: Renal failure

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

2.5 CPD hours

23 February 2011  
5.00pm – 7.30pm  
Burwood NSW

This evening short course will provide the participant with an overview of renal disease including treatment and management of renal failure, self management strategies and the stages of change.

Learning outcomes:

- Update anatomy and physiology in relation to renal failure
- Provide an overview of treatments and services available to renal failure clients
- Identify strategies for self management for clients with renal failure, including symptom and medication management
- Recognise and manage stages of change in renal failure.

## Chronic disease prevention

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

One day  
7 CPD hours

16 May 2011  
Burwood NSW

Many chronic diseases can be prevented by primary health interventions, including lifestyle modification. This course will provide an opportunity to explore motivational interviewing to address lifestyle factors such as smoking, physical activity, nutrition and risky alcohol intake.

Learning outcomes:

- Demonstrate motivational interviewing techniques, including expressing empathy, avoiding argument, supporting self-efficacy, rolling with resistance and developing discrepancy
- Discuss strategies for supporting clients to address lifestyle issues such as smoking, risky alcohol intake, physical activity and nutrition
- Develop a plan to integrate these strategies into their clinical practice.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.



## Chronic disease self management

RN

Skills/knowledge required:

- Intermediate

Two days

14 CPD hours

14 & 15 March 2011

Lismore NSW

18 & 19 April 2011

Burwood NSW

This innovative workshop is designed to assist nurse clinicians in applying the principles and concepts of self management. Through advanced interviewing skills nurses will learn how to motivate chronically ill clients and help them recognise and resolve their ambivalence to change. What makes this course unique is its ability to provide participants with creative ways to implement change and challenge the current approaches used in chronic care. It will provide insight into the current tools and resources available in assisting clients to self manage.

Learning outcomes:

- Identify self management principles
- Identify strategies for self management
- Recognise and manage stages of change
- Review communication and motivational interviewing skills
- Develop an awareness of the impact of values and beliefs on self management
- Discuss the importance of adopting a holistic approach in self management
- Plan for practical changes.

## Clinical assessment: Integrating assessment and care

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

Three days

21 CPD hours

NSW HEALTH

2 to 4 March 2011

Burwood NSW

This interactive workshop combines theory and practice. It is designed for registered and enrolled nurses based in all settings who wish to enhance and develop their clinical assessment and communications skills. Attendance at this dynamic workshop will not only sharpen your skills but also provide you with a systematic approach to your patient assessment.

Learning outcomes:

- Review the nurse's role in obtaining a comprehensive health assessment
- Develop a systematic approach to physical assessment
- Develop skills for focussed assessment of the major body systems
- Integrate these assessment findings for improved patient management
- Develop strategies that increase patient safety and outcomes.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.

## Clinical education toolkit: Clinical coaching

RN / CNS / CNE / CNC

Skills/knowledge required:

- Intermediate
- Advanced

Three days  
21 CPD hours

2 to 4 February 2011  
Burwood NSW

27 to 29 April 2011  
Brisbane QLD

25 to 27 May 2011  
Melbourne VIC

Designed for the experienced RN, CNS, CNE and CNC, this program engages participants with theoretical knowledge and practical skills to create a conducive and dynamic learning environment. Advanced practice nurses are the cornerstone in the supportive framework for staff to learn and develop in the clinical setting. This program provides participants with the tools to motivate, stimulate and support learning. Previous course feedback: 'I will go back to my clinical area armed with much more knowledge, assertiveness and new skills and style'

Learning outcomes:

- Integrate adult learning principles in the clinical setting
- Identify learning needs and learning styles
- Demonstrate appropriate teaching and facilitation strategies
- Develop learning outcomes and programs
- Demonstrate constructive feedback strategies
- Integrate competency-based assessment in your practice
- Provide leadership in education.

## CNS professional issues

RN / CNS / CNE / CNC

Skills/knowledge required:

- Intermediate
- Advanced

Two days  
14 CPD hours

11 & 12 April 2011  
Burwood NSW

This action-oriented and results-focused workshop is designed to support the development of nurses aspiring to become Clinical Nurse Specialists or current Clinical Nurses seeking to enhance their practice.

Learning outcomes:

- Recognise characteristics of effective leadership
- Explain the concepts of mentoring and how to initiate change
- Discuss ways of building a positive workplace culture
- Identify effective communication strategies
- Discuss the need for policy and procedure development
- Explain the importance of supporting learning within the workplace.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.



## Competencies workshop

EN / RN

Skills/knowledge required:

- Basic
- Intermediate
- Advanced

3.5 CPD hours

31 January 2011  
1.00pm – 4.30pm  
Burwood NSW

31 March 2011  
1.00pm – 4.30pm  
Burwood NSW

27 May 2011  
1.00pm – 4.30pm  
Burwood NSW

As a result of recent changes to the registration of health professionals in Australia, all RNs, ENs, RMs and NPs must demonstrate compliance with the ANMC competency standards in order to be eligible for registration with the Nursing and Midwifery Board Australia (NMBA). This workshop will provide participants with the opportunity to explore competencies and how they relate to their area of practice.

Learning outcomes:

- Discuss how the ANMC competencies impact on clinical practice
- Demonstrate an awareness of ANMC competencies and how to integrate this into professional portfolios.

## Compression and VAC therapy workshop

RN

Skills/knowledge required:

- Basic
- Intermediate
- Advanced

One day  
7 CPD hours

19 May 2011  
Burwood NSW

This one day workshop is for registered nurses who want to update their skills and knowledge of compression bandaging and the use of VAC therapy. The course is designed to provide a practical approach to bandaging and vacuum assisted therapies and their contribution to wound healing. The discussion will include an overview of venous ulcers and how they could benefit from compression therapy and the reasons why compression therapy is not indicated for arterial ulcers. There will also be a session on how vacuum assist therapy assists in wound healing.

Learning outcomes:

- Demonstrate safe compression bandaging techniques
- Outline the nursing management of VAC systems
- Discuss the indications for the use of compression bandaging and VAC therapy.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.

## Contemporary issues in continence for the advanced practitioner

RN

Skills/knowledge required:

● Advanced

Four days

28 CPD hours

14, 15, 28 & 29 March 2011

Burwood NSW

This course is aimed at Nurse Continence Advisers and other nurses who are currently working in the area of continence assessment and management. The Advance Practice course is designed to increase knowledge and understanding of bladder and bowel dysfunction in clients with chronic neurological diseases and other chronic and complex health problems. This course will assist the nurse to undertake comprehensive and effective assessment and management of the complex bladder and bowel dysfunction in these clients.

Topics:

**Advanced anatomy & physiology of the bladder** This topic will look at the structure, function, nerve and blood supply of the bladder and urethra from an advanced level for the nurse working in the continence field.

**Advanced anatomy & physiology of bowel** This topic will look at the structure, function, nerve and blood supply of the bowel, rectum and anal canal from an advanced level for the nurse working in the continence field.

**Chronic neurological conditions and their impact on bladder and bowel function** This topic will look at the pathophysiology of chronic neurological conditions, the correlation of these conditions to the risk of incontinence and the impact of these chronic conditions on the client's bladder and bowel function.

**Chronic health problems and their impact on bladder and bowel function** This topic looks at why and how some of the common chronic health problems, i.e. depression, COPD and constipation can impact on a client's continence status and some management strategies which can be implemented to manage the health problem and the incontinence.

**Advanced pharmacology and impact of medicines on bladder and bowel function** This topic will look at current medications used in the management of incontinence and their action on the bladder, therapeutic effect and common side effects and contra indications.

**Sexuality and incontinence** This topic will study the effect of incontinence on a client's sexuality. Causes of sexual dysfunction in both male and female including spinal injuries, MS and erectile dysfunction and some common management strategies including medication, prosthesis, relaxation techniques, strategies for dealing with a permanent indwelling catheter and sexual counselling.

Learning outcomes

On completion of the topic the student will be able to:

- Demonstrate an advanced knowledge of the structure, function, nerve and blood supply of the bladder and bowel
- Apply comprehensive knowledge of the bladder and bowel dysfunction in relation to chronic neurological conditions, MS and spinal injuries to its management
- Discuss the nursing assessment of a patient who is incontinent, including psychosocial, physical, sexual and emotional issues
- Describe appropriate products, strategies, techniques and support for patients who are incontinent
- Explain the action, therapeutic effect and side effects of medications used for bladder and faecal incontinence.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.



## Continence update

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

One day  
7 CPD hours

3 June 2011  
Wagga Wagga NSW

This one day course is designed to give registered and enrolled nurses an update on the basic knowledge of what is incontinence, how to assess it and identify the different types and basic management strategies. Participants will learn how to assist the client understand how incontinence occurs, its psychological impact and what they can do to manage, improve or cure it.

Learning outcomes:

- Describe the normal structure and function of the bladder
- Discuss the components of a continence assessment
- List the different types of incontinence and their causes
- Implement appropriate management strategies for the different types of incontinence
- Explain the psychological impact of incontinence on the client.

## CPD portfolio workshop

EN / RN

Skills/knowledge required:

- Basic
- Intermediate
- Advanced

Half day  
3.5 CPD hours

9.00am – 12.30pm  
31 January 2011  
Burwood NSW

9.00am – 12.30pm  
28 February 2011  
Burwood NSW

31 March 2011  
9.00am – 12.30pm  
Burwood NSW

29 April 2011  
9.00am – 12.30pm  
Burwood NSW

27 May 2011  
9.00am – 12.30pm  
Burwood NSW

27 June 2011  
9.00am – 12.30pm  
Burwood NSW

This course is designed for nurses and midwives who wish to collate a comprehensive record and systematic portfolio of evidence for the reauthorisation to practise process.

You will learn about the Nursing and Midwifery Board of Australia's (NMBA) Registration Standards for Continuing Professional Development and Recency of Practice, plus how to prepare and organise your professional portfolio.

Portfolio development:

- Where to start
- Justification statements
- Evidence and types of evidence: primary, secondary.

Portfolio component and framework:

- Competency standards
- Assessment: self assessment and reflective practice; professional review; declaration of competence
- Continuing Professional Development (CPD): types of activities; evidence; effectiveness
- Recency of practice: define practice; evidence.

Learning outcomes:

- Outline the significance of the Nursing and Midwifery Board of Australia's Registration Standards for Continuing Professional Development and Recency of Practice
- Identify the purposes of a professional portfolio
- Discuss the components of a portfolio
- Develop a framework to present a portfolio.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.

## Critical care series. Part 1: Non invasive ventilation (NIV) and mechanical ventilation (MV)

RN

Skills/knowledge required:

● Basic

2.5 CPD hours

3 May 2011  
5.00pm – 7.30pm  
Burwood NSW

This course is designed for beginning nurses working in critical care areas who are looking to increase their knowledge and skills when caring for the critically ill patient requiring non invasive ventilation (NIV) or mechanical ventilation (MV).

Learning outcomes:

- Explain respiratory anatomy and physiology of spontaneous breathing
- Discuss the indications and principles of non invasive ventilation
- Explain the nursing management of a patient with non invasive ventilation
- Discuss the principles of mechanical ventilation
- Discuss current trends in modes of mechanical ventilation.

## Critical care series. Part 2: Renal replacement therapies in the critically ill

RN

Skills/knowledge required:

● Basic

2.5 CPD hours

10 May 2011  
5.00pm – 7.30pm  
Burwood NSW

This course is designed to support the development of knowledge and skills for the nurse caring for the critically ill patient who requires continuous renal replacement therapies.

Learning outcomes:

- Explain renal anatomy and physiology
- Identify and describe the three types of renal failure
- Discuss the nursing management of renal failure
- Describe the principles of continuous renal replacement therapies
- Explain the management of a patient undergoing continuous renal replacement therapies.

## Critical care series. Part 3: Cardiac issues in critical care

RN

Skills/knowledge required:

● Basic

2.5 CPD hours

17 May 2011  
5.00pm – 7.30pm  
Burwood NSW

This course will provide an introduction to the fundamentals of cardiac nursing. Concepts covered will include assessment of arrhythmias and current management strategies.

Learning outcomes:

- Describe cardiac anatomy and physiology
- Analyse a 12-lead electrocardiograph
- Identify basic cardiac arrhythmias
- Describe the nursing management of acute coronary syndrome
- Describe components of cardiovascular disease.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.



## Critical care series. Part 4: Neurological considerations in the critically ill

RN

Skills/knowledge required:

● Basic

2.5 CPD hours

24 May 2011

5.00pm – 7.30pm

Burwood NSW

This program is designed to provide registered nurses with the knowledge and skills in assessing and managing patients with raised intracranial pressure and changes in neurological status.

Learning outcomes:

- Describe neurological anatomy and physiology
- Conduct a comprehensive neurological assessment
- Identify the causes of raised intracranial pressure
- Discuss various methods of intracranial pressure monitoring in the critical care environment
- Discuss the management of the patient with raised intracranial pressure.

## Cultural diversity in the workplace

EN / RN

Skills/knowledge required:

● Basic

● Intermediate

● Advanced

One day

7 CPD hours

1 June 2011

Burwood NSW

'Culture is an integral part of everyone's life': This one day course is designed for health care professionals in any setting. Discussion topics include how an individual's cultural beliefs and values influence access to health services, how illness and disease/health and wellbeing is viewed and interaction with health care providers.

Learning outcomes:

- Identify cultural factors that may impact on health and illness
- Discuss health care issues specific to CALD and ATSI communities
- Describe refugee health related issues
- Apply strategies to implement culturally appropriate work practices
- Explore effective cross cultural communication skills within the health care environment.

## Day surgery nursing

RN / EN / EEN

Skills/knowledge required:

● Basic

● Intermediate

One day

7 CPD hours

10 May 2011

Burwood NSW

This course is designed to provide fundamentals of day surgery nursing care and is recommended for all nurses working in day surgery/day procedure environments. Topics include current trends; assessment methodologies; procedures; patient care and discharge; as well as the role of the pre-admission clinic.

Learning outcomes:

- Analyse standards and guidelines for the day surgery environment
- Define the role of the pre-admission clinic
- Perform preoperative clinical assessment to guide clinical decisions and patient management
- Review common operative procedures in day surgery
- Evaluate patient discharge and education to optimise patient outcomes.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.

## Day surgery series. Part 1: Day surgery skill essentials

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

2.5 CPD hours

1 March 2011  
5.00pm – 7.30pm  
Burwood NSW

Day surgery involves the care, treatment, and management of patients who are admitted for planned surgery. They may undergo a variety of surgical or anaesthetic procedures in a variety of settings. This series will explore issues that directly impact on care of the day surgery patient and current trends in this field.

This course will revise the day surgery skills required to perform necessary duties when caring for the day surgery patient.

Learning outcomes:

- Apply knowledge to the day procedure skills of electrocardiograph attendance and interpretation, cannulation, and effective communication
- Deliver and evaluate patient education for the day surgery environment.

## Day surgery series. Part 2: Endoscopy, the whole journey

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

2.5 CPD hours

8 March 2011  
5.00pm – 7.30pm  
Burwood NSW

Endoscopy is a common day surgery procedure. Understanding this procedure and knowledge of its impact on the patient is required for day surgery nurses. This course will give an overview of the procedure and discuss contemporary practices.

Learning outcomes:

- Demonstrate knowledge of the endoscopy patient journey including pre operative preparation of the patient, maintenance, preparation, processing, and post operative endoscopic patient care and complications
- Define and apply patient assessment skills within the area of pre admission, admission, intra operative, post operative, and discharge phases for the endoscopy patient.

## Day surgery series. Part 3: Risk management and legal concepts in the day surgery unit

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

2.5 CPD hours

15 March 2011  
5.00pm – 7.30pm  
Burwood NSW

This course will discuss the potential risks associated with the day surgery patient and surrounding environment and the management strategies utilised for risk minimisation. Topics covered include admission criteria, patient identification, time out procedures, consent, discharge and legal issues.

Learning outcomes:

- Identify potential risks in relation to the patient and the day surgery environment and apply management strategies
- Apply knowledge of the legal concepts of consent, patient identification, discharge and legal issues.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.



## Day surgery series. Part 4: Eye surgery, the whole journey

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

2.5 CPD hours

22 March 2011  
5.00pm – 7.30pm  
Burwood NSW

This course will provide an overview of the knowledge and skill required by the day surgery nurse to provide optimal care to the patient undergoing ophthalmic surgery.

Learning outcomes:

- Identify and discuss the necessary skills to care for the ophthalmic patient within the pre admission, admission, intra operative, post operative, and discharge phases
- Evaluate patient discharge and education to optimise patient outcomes.

## Diabetes update

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

Two days  
14 CPD hours

7 & 8 April 2011  
Burwood NSW

This two-day program is for registered and enrolled nurses at the beginning to lower intermediate level who provide care to people with diabetes in settings such as hospitals, community and nursing homes.

Learning outcomes:

- Discuss the epidemiology of diabetes
- Identify the different types of diabetes
- Integrate the current pharmacologic (including insulin devices) and dietary management concepts of diabetes into their practice
- Discuss the management strategies used across the lifespan
- Monitor, analyse and manage blood glucose levels
- Manage the surgical patient with diabetes
- Identify and manage short term complications
- Discuss the potential impact of long term complications related to diabetes
- Incorporate the principles of foot care into their practice.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.

## Electro convulsive therapy (ECT) for perioperative and mental health nurses: A collaborative approach

RN / EN / EEN

Skills/knowledge required:

- Basic
- Intermediate

Two days  
14 CPD hours

NSW HEALTH  
8 & 9 March 2011  
Burwood NSW

NSW HEALTH  
24 & 25 May 2011  
Orange NSW

Electro convulsive therapy (ECT) is being given more frequently in the perioperative environment. Understanding this therapy and knowledge of the relevant sections of the Mental Health Act is required for perioperative and mental health nurses. Case studies and an active learning approach are both used to explore the collaboration between these two nursing groups in giving the best care possible to patients receiving ECT.

Learning outcomes:

- Be able to name the conditions for which ECT is effective and appropriate
- Explain how ECT works
- Become familiar with common courses of treatment and clinical considerations for patients undergoing ECT
- Identify the legal requirements for valid and informed consent for patients receiving ECT
- Demonstrate effective nursing care for the mental health client in the perioperative environment
- Communicate and collaborate more effectively with mental health or perioperative colleagues
- Describe the nursing roles when managing clients undergoing ECT within the perioperative environment.

## General practice series. Part 1: Infection control in general practice

EN / RN

Skills/knowledge required:

- Intermediate

2.5 CPD hours

7 June 2011  
5.00pm – 7.30pm  
Burwood NSW

This program is designed for all nurses working in general practice settings. It outlines principles and procedures necessary to prevent the transmission of infectious disease through immunisation and infection control. It covers specific standards of infection control in the general practice setting.

Learning outcomes:

- Review legislative requirements and General Practice Accreditation Standards
- Describe the management of sterilisation procedures both on site and off site
- Identify the importance of storage and stock rotation of sterile products
- Discuss the management of multi-resistant organisms in the community
- Outline disease transmission and standards precautions
- Determine safe storage and disposal of clinical waste including sharps
- Describe the management of blood and body fluid spills
- Demonstrate competent hand hygiene techniques, including aseptic and sterile procedures.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.



## General practice series. Part 2: Nurse-led triage in general practice

EN / RN

Skills/knowledge required:

● Intermediate

2.5 CPD hours

14 June 2011

5.00pm – 7.30pm

Burwood NSW

Practice Nurse led triage explores the role of the practice nurse in triaging patients within the general practice setting. If done effectively, this should optimise the safety and efficiency of the general practice setting. This course covers telephone triage and provides an overview of the communication skills needed to obtain an adequate patient history and clinical assessment.

Learning outcomes:

- Describe the role and purpose of the triage system including telephone triage and review triage policies, protocols, resources and assessment techniques
- Demonstrate effective communication skills to obtain a comprehensive patient history and address urgency within the general practice team
- Demonstrate clinical assessment skills
- Discuss the medical risk factors that affect triage
- Explain the clinical management of common clinical conditions
- Discuss the importance of adequate documentation.

## General practice series. Part 3: Ear syringing for practice nurses

EN / RN

Skills/knowledge required:

● Intermediate

2.5 CPD hours

21 June 2011

5.00pm – 7.30pm

Burwood NSW

This program focuses on risk management strategies in order to minimise the possibility of an adverse event from ear syringing. The course covers all aspects of ear syringing in a general practice setting, including the dangers, correct procedure, use of equipment, adequate patient examination and history, as well as patient education.

Learning outcomes:

- Explain the indications for when a patient may require ear syringing
- Discuss the importance of obtaining a comprehensive patient history
- Demonstrate safe and effective examination of the external auditory canal
- Describe the use of wax softening agents
- Demonstrate correct assembling and management of equipment
- Outline the contraindications to ear syringing
- Discuss the Medico-legal issues, including documentation, potential complications including case histories
- Determine the importance of patient education.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.

## General practice series. Part 4: Healthy kids check in general practice

EN / RN

Skills/knowledge required:

● Intermediate

2.5 CPD hours

28 June 2011  
5.00pm – 7.30pm  
Burwood NSW

This program provides practice nurses with the skills and knowledge to independently assess four year olds under the Medicare Benefits Schedule 711 'Healthy kids check'. It covers all areas of assessment including eyesight, hearing and oral health. The course will also provide the practice nurse with the skills and knowledge for giving health advice to parents and encourages interventions and referrals where appropriate.

Learning outcomes:

- Outline the MBS items 709 and 711
- Discuss childhood development including BMI, height, weight, speech and language development and physical activity levels
- Determine immunisation status
- Perform eye, hearing and oral health screening
- Identify children with health issues and refer appropriately
- Provide parents with information about healthy habits for children.

## Health equity issues for Aboriginal and Torres Strait Islander people

EN / RN

Skills/knowledge required:

● Basic

● Intermediate

● Advanced

One day  
7 CPD hours

18 May 2011  
Burwood NSW

The course will focus on the issues relating to the health equity gap for ATSI people and will examine the impact of issues such as the stolen generation and land rights have had on their health. Participants will also explore why there is a high prevalence of diseases such as CVD, diabetes, renal disease, respiratory illnesses, musculoskeletal conditions and eye and ear problems in ATSI populations. The course will examine some of the strategies that have been introduced to address the health equity gap and will discuss Primary Health Care and the role of Aboriginal Community Controlled Health Services (ACCHS).

Learning outcomes:

- Identify the causes of the ATSI health equity gap
- Describe the health issues that are prevalent in ATSI populations
- Describe Primary Health Care and the role ACCHS in addressing the health the equity gap
- Describe the national Indigenous health equity targets.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.



## Immunisation update

RN

Skills/knowledge required:

● Intermediate

● Advanced

Half day

3.5 CPD hours

3 May 2011

1.00pm – 4.30pm

Burwood NSW

This course is designed for nurse immunisers who are required to undertake an annual review of best practice policy to maintain their authority to immunise. This update is also suitable for nurses who administer immunisations under medical supervision.

Learning outcomes:

- Discuss legal aspects of immunisation
- Revise and update your understanding of the aims of an immunisation program
- Apply problem-solving strategies to the effective and safe management of adverse reactions to immunisations
- Review national guidelines for immunisation and current immunisation practices.

## Infection control in aged care

EN / RN

Skills/knowledge required:

● Intermediate

● Advanced

Two days

14 CPD hours

4 & 5 April 2011

Burwood NSW

This course is designed for all nurses working in aged care facilities interested in updating their knowledge and skills in infection control relating to the aged care environment.

Learning outcomes:

- Discuss legislation and the Aged Care Accreditation Standards
- Outline disease transmission and standard precautions
- Demonstrate competent and effective hand washing
- Describe infection control in support services
- Identify outbreak management and surveillance tools
- Determine the immunisation requirements of aged care clients
- Discuss the management of multi-resistant organisms.

## Medical imaging

EN / RN

Skills/knowledge required:

● Intermediate

Two days

14 CPD hours

NSW HEALTH

22 & 23 June 2011

Burwood NSW

This two day course is for registered and enrolled nurses currently working in medical imaging or caring for patients who require procedures that are supported by medical imaging.

Learning outcomes:

- Develop a patient-centred approach to the management of patients who require medical imaging
- Discuss the relationship between a patient's underlying condition and the procedure to be performed
- Discuss the appropriate nursing responses for patients who experience any complications or side effects during or post procedure.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.

## Mental health for acute care nurses

EN / RN

Skills/knowledge required:

● Basic

Three days

21 CPD hours

NSW HEALTH  
4 to 6 May 2011  
Burwood NSW

Nurses in the acute care setting are frequently confronted by mental health issues when caring for their patients. In this course, knowledge, skills and values are addressed using an active learning approach. Case studies and simulations allow participants to apply knowledge and practise skills in caring for patients with mental health needs, whilst acknowledging the demands of their acute care roles. Risk assessment, nursing management and communicating with the mental health team when making a referral are also addressed.

Learning outcomes:

- Discuss the signs and symptoms of common mental health conditions
- Demonstrate the nursing management of patients with mental health conditions
- Integrate basic knowledge of psychotropic medications into nursing practice
- Practise risk assessment
- Identify relevant aspects of the Mental Health Act
- Demonstrate effective communication skills with the mental health team and patients who have mental health issues.

## Orthopaedic update

EN / RN

Skills/knowledge required:

● Basic

● Intermediate

Two days

14 CPD hours

8 & 9 June 2011  
Burwood NSW

This course will provide an overview of present contemporary approaches and current surgical interventions in orthopaedic surgery.

Learning outcomes:

- Explore modern surgical management of orthopaedic procedures
- Recognise how technology has influenced orthopaedic surgery
- Describe nursing post operative management
- Gain an overview of the future direction of orthopaedic surgery
- Identify anatomical structures of the skeleton.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.



## Paediatric update: 'Little people, big differences'

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

Two days  
14 CPD hours

22 & 23 February 2011  
Burwood NSW

5 & 6 April 2011  
Wagga Wagga NSW

This course is designed to provide a paediatric update to nurses currently working with infants, children, and adolescents. Topics covered will include paediatric growth and development, holistic paediatric assessment and models of assessment, recognition of the deteriorating child, common medical and surgical conditions and case presentations, pain assessment tools and pain management, mental health issues and current therapeutic interventions, and family centred nursing care.

Learning outcomes:

- Demonstrate a greater understanding of normal infant, childhood, and adolescent development
- Perform a thorough physical assessment and be able to recognise deviations from accepted normal parameters
- Recognise the deteriorating infant, child, and adolescent and implement appropriate management strategies in consultation with the multidisciplinary team
- Discuss nursing considerations when caring for paediatric medical/surgical patients
- Demonstrate an awareness of mental health issues in children and adolescents and consider appropriate management strategies
- Adopt family-centred care principles when planning nursing management of paediatric patients and their carers.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.

## Palliative care

EN / RN

Skills/knowledge required:

- Intermediate

Two days

14 CPD hours

NSW HEALTH  
24 & 25 February 2011  
Coffs Harbour NSW

23 & 24 March 2011  
Burwood NSW

NSW HEALTH  
5 & 6 May 2011  
Bowral NSW

1 & 2 June 2011  
Brisbane QLD

It can be said that recognition and acceptance of the needs of palliative care patients and their carers are paramount to providing best nursing practice. Chronic care and palliative care services are advancing to address the complexity of health care required to meet the needs of patients in hospital, community and home settings. This course is designed to address current learning needs of health workers (RN and EN) caring for palliative care patients in hospital, aged care facilities and in the home. The program will include the physical, psychological legal and spiritual aspects of palliative care.

Learning outcomes:

Discuss end of life care issues with respect to:

- Communication – information strategies; language; non-verbal
- End of life care in the home versus in hospital
- Pain management
- Symptom management
- Bereavement
- Legal issues
- Pastoral care
- Spiritual care.

Discuss palliative care issues with respect to:

- Communication
- End of life care in the home
- Breaking bad news
- End of life directions
- Symptom management – bowel care
- Pain management
- Palliative care and the law
- Dying in hospital
- Bereavement – the carers
- Pastoral care – spirituality.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.



## Pharmacology in aged care

RN

Skills/knowledge required:

- Intermediate

One day

7 CPD hours

10 February 2011

Burwood NSW

This one-day course is designed for registered nurses working in the aged care environment. Sessions will explore the nursing role and responsibilities in medication management and safety. Medication efficacy, adverse effects and polypharmacy issues will be reviewed.

Learning outcomes:

- Identify the legislative requirements pertaining to medication management in the aged care sector
- Discuss issues related to pharmacodynamics
- Discuss pharmacokinetics and efficacies and polypharmacy
- Discuss medication safety and reporting.

## Pharmacology update and medication review

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

One day

7 CPD hours

9 May 2011

Burwood NSW

This one-day course is designed for registered and enrolled nurses who wish to update and expand their knowledge and skills in the areas of pharmacology and medications. Sessions will explore the nursing role and responsibilities in medication management and safety. Medication efficacy, adverse effects and polypharmacy issues will be reviewed.

Learning outcomes:

- Identify the legislative requirements pertaining to medication management in the health care sector
- Discuss issues related to pharmacodynamics
- Discuss pharmacokinetics and efficacies and polypharmacy
- Discuss medication safety and reporting.

## Physical assessment for mental health nurses

RN

Skills/knowledge required:

- Intermediate
- Advanced

One day

7 CPD hours

10 February 2011

Burwood NSW

This course has been designed for registered nurses working in the Mental Health sector. There has been a recent renewed focus on the physical health care of clients as described in the Health Department PD2009\_027 "Provision of Physical Health Care within Mental Health Services". This innovative course aims to provide mental health nurses with a review of the theoretical basis of pathophysiology followed by practical skills in physical assessment.

Learning outcomes:

- Discuss the implications of the "Provision of Physical Health Care within Mental Health Services" for mental health nurses
- Identify patients "at risk" for diseases and conditions that have a greater prevalence in the mental health client e.g. metabolic syndrome
- Perform basic neurological, respiratory and cardiac assessment with particular attention to signs of acute physical deterioration
- Explain the need for timely referrals to medical and allied health personnel
- Discuss the importance of public health education and risk reduction strategies
- Demonstrate basic physical assessment skills in a comfortable and non-threatening environment.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.

# Continuing Professional Development CNnect Online CPD is here

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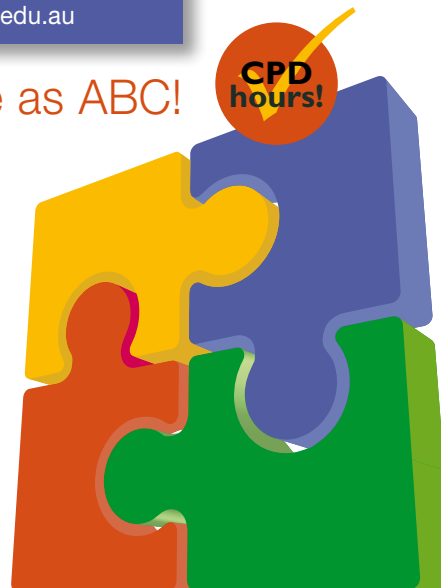
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# The College of Nursing

ABN 43 000 106 829

## Continuing Professional Development Enrolment Form

Are you a:  RN  EN  RM  NP  Other (please specify).....

### COURSE DETAILS

Course name .....

Course dates .....

### PERSONAL DETAILS

Title (Miss, Ms, Mrs, Mr, etc) ..... Surname .....

Given name ..... Date of birth .....

Address .....

..... Postcode .....

Home telephone ..... Work telephone .....

Email ..... Authority to Practice no.....

Are you of Aboriginal or Torres Strait Island descent?  Yes  No If yes, please specify .....

Applicant's signature .....

### EMPLOYER DETAILS

Place of employment .....

Staff position ..... Specialty .....

Is your place of employment:  Private  Public  Aged Care  Other.....

### NSW DEPARTMENT OF HEALTH FUNDED COURSES (NSW Health employees)

Enrolment is subject to priority selection. Successful applicants will be notified by mail approximately three weeks prior to course commencement.





# Customised Education courses

Your facility is unique and so it follows that your staff need an education program tailored to meet their specific learning needs. We can provide your facility with a Customised Education course and deliver it in-house.

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Convenience	We will conduct your program at the venue of your choice in a format suited to local needs – in metropolitan, regional or rural settings.
Value for money	Our rates are very competitive and represent excellent value for money.
Feedback	On completion of a program an evaluation report will be provided to you.
Certificate of Attendance + record of CPD hours	A College of Nursing Certificate of Attendance noting Continuing Professional Development (CPD) hours completed will be given to each participant.
Advertising	We can provide materials to help you advertise the program throughout your organisation.

## Continuing Education short courses delivered in-house

In addition to providing customised courses in-house, should there be a Continuing Education short course that is of interest to you but the location we have selected is too far away, and if there is sufficient interest from other individuals within your own facility, or from other clinicians within your region, the College is happy to bring the course to your locality.

To discuss any aspect of this service or to explore what we can do for you, please contact

Manager, Professional Education Services

The College of Nursing

Phone: 9745 7515, Email: [cecs@nursing.edu.au](mailto:cecs@nursing.edu.au)

Web: [www.nursing.edu.au](http://www.nursing.edu.au)

## Rehabilitation nursing

RN / EN / EEN

Skills/knowledge required:

- Basic
- Intermediate

Two days

14 CPD hours

31 January to 1 February 2011  
Melbourne VIC

22 & 23 March 2011  
Burwood NSW

NSW HEALTH  
12 & 13 May 2011  
Albury NSW

Rehabilitation nursing is an exciting and rewarding specialty. Rehabilitation nurses have a patient-centred approach; this means placing the patient at the centre of their own rehabilitative care. In this way, patient goals, needs and aspirations are central to the patient's journey from dependence upon others to the ability to care for themselves and live as independently as possible. Essential to the role of the rehabilitation nurse is not only understanding and empathising with a patient's situation, but also supporting them through the journey of regaining as much function and independence as possible. Teaching is an important aspect of the rehabilitation nurse's role. Nurses assist patients to practise new skills and provide education to help them to regain and maintain their health.

Learning outcomes:

- Discuss rehabilitation nursing including the role and responsibility of the rehabilitation nurse within the multidisciplinary team
- Identify strategies to support the rehabilitation of the amputee, orthopaedic, brain-injured or stroke patient
- Describe the nursing assessment and management of pain and continence
- Demonstrate teaching skills relevant to rehabilitation.

## Surgical series. Part 1: Orthopaedic surgery: modern view

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

2.5 CPD hours

6 April 2011  
5.00pm – 7.30pm  
Burwood NSW

This evening short course will provide an overview of contemporary approaches and current surgical interventions in orthopaedic surgery.

Learning outcomes:

- Discuss modern surgical management of patients requiring orthopaedic intervention
- Explain how technology has influenced orthopaedic surgery
- Describe the nursing post operative management of the orthopaedic patient
- Discuss the future direction of orthopaedic surgery and interventions.

## Surgical series. Part 2: Cardiothoracic Surgery:

### Where are we now, where are we headed

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

2.5 CPD hours

13 April 2011  
5.00pm – 7.30pm  
Burwood NSW

This evening short course will provide an overview of present contemporary approaches to current surgical interventions in cardiothoracic surgery.

Learning outcomes:

- Explore modern surgical management for patients experiencing heart and lung disease
- Describe nursing and collaborative post operative management
- Recognise how technology has influenced cardiothoracic surgery
- Gain an overview of the future direction of cardiothoracic surgery.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.



## Surgical series. Part 3: Paediatric ENT surgery: Innovative and contemporary methods

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

2.5 CPD hours

20 April 2011  
5.00pm – 7.30pm  
Burwood NSW

This evening short course is designed to enhance the knowledge and skills of registered and enrolled nurses caring for paediatric patients undergoing ear, nose and throat surgery in the relation to understanding and managing care.

Learning outcomes:

- Describe the current paediatric surgical approaches to ENT surgery
- Discuss how contemporary methods have had an impact on paediatric nursing management
- Explain how technology has influenced paediatric ENT surgery.

## Surgical series. Part 4: Laparoscopic advancements

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

2.5 CPD hours

27 April 2011  
5.00pm – 7.30pm  
Burwood NSW

This evening short course is designed to enhance the knowledge and skills of registered and enrolled nurses in laparoscopic procedures. It will provide an overview of the contemporary approaches of laparoscopic procedures for diagnostic and therapeutic outcomes.

Learning outcomes:

- Discuss laparoscopic approaches in the diagnosis and treatment of disease and illness
- Describe how laparoscopic advancements have altered the nursing management of patient care
- Explain how technology has influenced laparoscopic procedures.

## The deteriorating patient: Clinical decision making

RN / EN / EEN

Skills/knowledge required:

- Basic
- Intermediate

Two days  
14 CPD hours

8 & 9 February 2011  
Melbourne VIC

9 & 10 March 2011  
Burwood NSW

NSW HEALTH  
27 & 28 April 2011  
Wagga Wagga NSW

20 & 21 June 2011  
Burwood NSW

This program will review initiatives being implemented for the early recognition of the deteriorating patient. The participant will gain an understanding of current principles through skills-based workshops to apply the knowledge gained. It will provide an overview of the importance of patient safety, as well as core skills in rapid assessment and early intervention to prevent deterioration. Case studies will be used to bring all of the elements of this workshop together.

Learning outcomes:

- Recognise risk factors for deterioration
- Undertake a systematic approach to patient assessment
- Communicate effectively with the interdisciplinary team
- Undertake critical analysis to enable clinical decisions and planning of patient care
- Anticipate changes in patient condition and intervene appropriately.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.

## Travel immunisation for registered nurses

RN

Skills/knowledge required:

- Intermediate

Two days

14 CPD hours

11 & 12 April 2011

Burwood NSW

The aim of this two day course is to apply the principles of travel vaccination for nurses who provide travel immunisation advice and vaccination.

Learning outcomes:

- Describe the principles of vaccines and vaccine requirements for travel, indications for use, documentation, liability issues and valid consent
- Demonstrate competence in providing pre-travel advice including immunisations and other issues associated with international travel
- Demonstrate the use of computerised databases and other travel health reference sources
- Explain the core skills of travel medicine within the clinical context, including the nurse's role in travel health consultation.

## Understanding team nursing and leadership

EN / RN

Skills/knowledge required:

- Basic
- Intermediate

Two days

14 CPD hours

NSW HEALTH

22 & 23 February 2011

Tamworth NSW

2 & 3 March 2011

Burwood NSW

Team nursing gives the best quality patient care. This is achieved by staff working together to identify, plan, implement and evaluate patient care. This course is designed for registered and enrolled nurses currently working in all areas of the nursing profession. The course explores the concept of working within a team, roles and responsibilities, as well as accountability of care.

Different models of care will be examined such as patient allocation and how that differs from 'team nursing'. The course will also explore the issue of leadership potential and opportunities for those working within a team.

Learning outcomes:

- Discuss the principles of team nursing
- Identify the roles and responsibilities within the team
- Explain how team nursing fits into a model of care
- Demonstrate effective communication skills
- Explain the principles of team leadership.

## Update on national pain initiatives

EN / RN

Skills/knowledge required:

- Intermediate
- Advanced

Half day

3.5 CPD hours

5.00pm – 8.30pm

24 February 2011

Burwood NSW

This course is designed to provide an update on initiatives currently being taken by the National Health and Medical Research Council of Australia to standardise pain assessment and management from a national perspective. The presentations will review the physiological pathways of pain and address the significance of this in relation to acute, chronic and cancer pain.

Additionally, key issues of discussion will include strategies that can be used for assessing pain and effective alleviation of individual experiences of pain. Various scenarios of complex pain conditions will be presented and reviewed.

Learning outcomes:

- Explain the National Pain Initiative, which is a work in progress
- Identify the physiology, assessment and management of acute pain, chronic pain and cancer pains
- Participate in assessing, analysing and evaluating case studies relevant to implementation of the National Pain Strategy.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.



## Wound management

RN / EN / EEN

Skills/knowledge required:

- Intermediate

Two days

14 CPD hours

NSW HEALTH  
17 & 18 February 2011  
Broken Hill NSW

14 & 15 March 2011  
Melbourne VIC

NSW HEALTH  
14 & 15 April 2011  
Burwood NSW

7 & 8 June 2011  
Brisbane QLD

This course is designed for registered and enrolled nurses from any setting who wish to update and enhance their knowledge of wound management. Content for discussion includes pathophysiology of wound healing, principles of assessment and management, therapeutic wound products, ulcer care and first-line burns management. Effective management of wounds requires current knowledge and skills. This course challenges existing practices and applies the latest standards and best practices in wound management.

Learning outcomes:

- Outline the pathophysiology of wound healing
- Identify the principles of wound assessment
- Discuss appropriate product selection to facilitate wound healing
- Demonstrate safe wound care practice
- Describe the assessment and management of wound ulcers
- Outline the nursing management of burns.

Course fees are outlined on page 7.

NSW HEALTH This course attracts no fees for employees of NSW Health. Places are limited.

## January 2011 Calendar

Continuing education short courses

### CPD portfolio workshop

**31 January 2011 / 9.00am – 12.30pm**

●●● EN / RN / Half day / 3.5 CPD Hours / Burwood NSW

### Competencies workshop

**31 January 2011 / 1.00pm – 4.30pm**

●●● EN / RN / Half day / 3.5 CPD Hours / Burwood NSW

### Rehabilitation nursing

**31 January & 1 February 2011**

●● RN / EN / EEN / 2 days / 14 CPD Hours / Melbourne VIC

#### NOTE

Course fees are outlined on page 7.

Skills/knowledge required: ● Basic ● Intermediate ● Advanced

**NSW HEALTH** This course attracts no fees for employees of NSW Health. Places are limited.

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Student Services Centre, phone: 02 9745 7500, email: [csc@nursing.edu.au](mailto:csc@nursing.edu.au), fax: 02 9745 7501  
or Freecall 1800 265 534 (1800 COLLEGE).



## February 2011 Calendar

### Continuing education short courses

#### Chronic and complex care series. Part 1: Heart failure

**2 February 2011 / 5.00pm – 7.30pm**

●● EN / RN / 2.5 CPD Hours / Burwood NSW

#### Clinical education toolkit: Clinical coaching

**2 to 4 February 2011**

●● RN / CNS / CNE / CNC / 3 days / 21 CPD Hours / Burwood NSW

#### The deteriorating patient: Clinical decision making

**8 & 9 February 2011**

●● RN / EN / EEN / 2 days / 14 CPD Hours / Melbourne VIC

#### Chronic and complex care series. Part 2: COPD

**9 February 2011 / 5.00pm – 7.30pm**

●● EN / RN / 2.5 CPD Hours / Burwood NSW

#### Physical assessment for mental health nurses

**10 February 2011**

●● RN / 1 day / 7 CPD Hours / Burwood NSW

#### Pharmacology in aged care

**10 February 2011**

● RN / 1 day / 7 CPD Hours / Burwood NSW

#### Aged care rehabilitation

**11 February 2011**

●● EN / RN / 1 day / 7 CPD Hours / Waterfall NSW

#### Chronic and complex care series. Part 3: Diabetes

**16 February 2011 / 5.00pm – 7.30pm**

●● EN / RN / 2.5 CPD Hours / Burwood NSW

#### Wound management

**17 & 18 February 2011 NSW HEALTH**

● RN / EN / EEN / 2 days / 14 CPD Hours / Broken Hill NSW

## Paediatric update: 'Little people, big differences'

**22 & 23 February 2011**

●● EN / RN / 2 days / 14 CPD Hours / Burwood NSW

## Understanding team nursing and leadership

**22 & 23 February 2011** NSW HEALTH

●●● / RN / 2 days / 14 CPD Hours / Tamworth NSW

## Chronic and complex care series. Part 4: Renal failure

**23 February 2011 / 5.00pm – 7.30pm**

●● EN / RN / 2.5 CPD Hours / Burwood NSW

## Update on national pain initiatives

**24 February 2011 / 5.00pm – 8.30pm**

●● EN / RN / 3.5 CPD Hours / Burwood NSW

## Palliative care

**24 & 25 February 2011** NSW HEALTH

● EN / RN / 2 days / 14 CPD Hours / Coffs Harbour NSW

## CPD portfolio workshop

**28 February 2011 / 9.00am – 12.30pm**

●●● EN / RN / Half day / 3.5 CPD Hours / Burwood NSW

### NOTE

Course fees are outlined on page 7.

Skills/knowledge required: ● Basic ● Intermediate ● Advanced

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or Freecall 1800 265 534 (1800 COLLEGE).



## March 2011 Calendar

### Continuing education short courses

#### Day surgery series. Part 1: Day surgery skill essentials

**1 March 2011 / 5.00pm – 7.30pm**

●● EN / RN / 2.5 CPD Hours / Burwood NSW

#### Understanding team nursing and leadership

**2 & 3 March 2011**

●● EN / RN / 2 days / 14 CPD Hours / Burwood NSW

#### Clinical assessment: Integrating assessment and care

**2 to 4 March 2011 NSW HEALTH**

●● EN / RN / 3 days / 21 CPD Hours / Burwood NSW

#### Day surgery series. Part 2: Endoscopy, the whole journey

**8 March 2011 / 5.00pm – 7.30pm**

●● EN / RN / 2.5 CPD Hours / Burwood NSW

#### ECT for perioperative and mental health nurses:

#### A collaborative approach

**8 & 9 March 2011 NSW HEALTH**

●● RN / EN / EEN / 2 days / 14 CPD Hours / Burwood NSW

#### The deteriorating patient: Clinical decision making

**9 & 10 March 2011**

●● RN / EN / EEN / 2 days / 14 CPD Hours / Burwood NSW

#### Chronic disease self management

**14 & 15 March 2011**

● RN / 2 days / 14 CPD Hours / Lismore NSW

#### Wound management

**14 & 15 March 2011**

● RN / EN / EEN / 2 days / 14 CPD Hours / Melbourne VIC

#### Contemporary issues in continence for the advanced practitioner

**14, 15, 28 & 29 March 2011**

● RN / 4 days / 28 CPD Hours / Burwood NSW

## Day surgery series. Part 3: Risk management and legal concepts in the day surgery unit

**15 March 2011 / 5.00pm – 7.30pm**

●● EN / RN / 2.5 CPD Hours / Burwood NSW

## Day surgery series. Part 4: Eye surgery, the whole journey

**22 March 2011 / 5.00pm – 7.30pm**

●● EN / RN / 2.5 CPD Hours / Burwood NSW

## Rehabilitation nursing

**22 & 23 March 2011**

●● RN / EN / EEN / 2 days / 14 CPD Hours / Burwood NSW

## Palliative care

**23 & 24 March 2011**

● EN / RN / 2 days / 14 CPD Hours / Burwood NSW

## CPD portfolio workshop

**31 March 2011 / 9.00am – 12.30pm**

●●● EN / RN / Half day / 3.5 CPD Hours / Burwood NSW

## Competencies workshop

**31 March 2011 / 1.00pm – 4.30pm**

●●● EN / RN / Half day / 3.5 CPD Hours / Burwood NSW

### NOTE

Course fees are outlined on page 7.

Skills/knowledge required: ● Basic ● Intermediate ● Advanced

NSW  HEALTH This course attracts no fees for employees of NSW Health. Places are limited.

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## April 2011 Calendar

Continuing education short courses

### Infection control in aged care

**4 & 5 April 2011**

● ● EN / RN / 2 days / 14 CPD Hours / Burwood NSW

### Paediatric update: 'Little people, big differences'

**5 & 6 April 2011**

● ● EN / RN / 2 days / 14 CPD Hours / Wagga Wagga NSW

### Cancer care: Practice issues

**6 April 2011**

● ● ● RN / 1 day / 7 CPD Hours / Burwood NSW

### Surgical series. Part 1: Orthopaedic surgery: modern view

**6 April 2011 / 5.00pm – 7.30pm**

● ● EN / RN / 2.5 CPD Hours / Burwood NSW

### Diabetes update

**7 & 8 April 2011**

● ● EN / RN / 2 days / 14 CPD Hours / Burwood NSW

### CNS professional issues

**11 & 12 April 2011**

● ● ● RN / CNS / CNE / CNC / 2 days / 14 CPD Hours / Burwood NSW

### Travel immunisation for registered nurses

**11 & 12 April 2011**

● ● RN / 2 days / 14 CPD Hours / Burwood NSW

### Surgical series. Part 2: Cardiothoracic surgery:

Where are we now, where are we headed

**13 April 2011 / 5.00pm – 7.30pm**

● ● EN / RN / 2.5 CPD Hours / Burwood NSW

### Wound management

**14 & 15 April 2011 NSW HEALTH**

● ● RN / EN / EEN / 2 days / 14 CPD Hours / Burwood NSW

## Chronic disease self management

**18 & 19 April 2011**

● RN / 2 days / 14 CPD Hours / Burwood NSW

## Surgical series. Part 3: Paediatric ENT surgery: Innovative and contemporary methods

**20 April 2011 / 5.00pm – 7.30pm**

●● EN / RN / 2.5 CPD Hours / Burwood NSW

## Surgical series. Part 4: Laparoscopic advancements

**27 April 2011 / 5.00pm – 7.30pm**

●● EN / RN / 2.5 CPD Hours / Burwood NSW

## The deteriorating patient: Clinical decision making

**27 & 28 April 2011** NSW HEALTH

●● EN / RN / 2 days / 14 CPD Hours / Wagga Wagga NSW

## Clinical education toolkit: Clinical coaching

**27 to 29 April 2011**

●●● RN / CNS / CNE / CNC / 3 days / 21 CPD Hours / Brisbane QLD

## CPD portfolio workshop

**29 April 2011 / 9.00am – 12.30pm**

●●● EN / RN / Half day / 3.5 CPD Hours / Burwood NSW

### NOTE

Course fees are outlined on page 7.

Skills/knowledge required: ● Basic ● Intermediate ● Advanced

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or Freecall 1800 265 534 (1800 COLLEGE).



## May 2011 Calendar

### Continuing education short courses

#### Immunisation update

**3 May 2011 / 1.00pm – 4.30pm**

●● RN / Half day / 3.5 CPD Hours / Burwood NSW

#### Critical care series. Part 1: Non invasive ventilation (NIV) and mechanical ventilation (MV)

**3 May 2011 / 5.00pm – 7.30pm**

● RN / 2.5 CPD Hours / Burwood NSW

#### Mental health for acute care nurses

**4 to 6 May 2011 NSW⊕HEALTH**

● EN / RN / 3 days / 21 CPD Hours / Burwood NSW

#### Palliative care

**5 & 6 May 2011 NSW⊕HEALTH**

● EN / RN / 2 days / 14 CPD Hours / Bowral NSW

#### Pharmacology update and medication review

**9 May 2011**

●● EN / RN / 1 day / 7 CPD Hours / Burwood NSW

#### Critical care series. Part 2: Renal replacement therapies in the critically ill

**10 May 2011 / 5.00pm – 7.30pm**

● RN / 2.5 CPD Hours / Burwood NSW

#### Day surgery nursing

**10 May 2011**

●● RN / EN / EEN / 1 day / 7 CPD Hours / Burwood NSW

#### Rehabilitation nursing

**12 & 13 May 2011 NSW⊕HEALTH**

●● RN / EN / EEN / 2 days / 14 CPD Hours / Albury NSW

#### Chronic disease prevention

**16 May 2011**

●● EN / RN / 1 day / 7 CPD Hours / Burwood NSW

### Critical care series. Part 3: Cardiac issues in critical care

**17 May 2011 / 5.00pm – 7.30pm**

● RN / 2.5 CPD Hours / Burwood NSW

### Health equity issues for Aboriginal and Torres Strait Islander people

**18 May 2011**

● ● ● EN / RN / 1 day / 7 CPD Hours / Burwood NSW

### Compression and VAC therapy workshop

**19 May 2011**

● ● ● RN / 1 day / 7 CPD Hours / Burwood NSW

### Critical care series. Part 4: Neurological considerations in the critically ill

**24 May 2011 / 5.00pm – 7.30pm**

● RN / 2.5 CPD Hours / Burwood NSW

### ECT for perioperative and mental health nurses: A collaborative approach

**24 & 25 May 2011 NSW HEALTH**

● ● ● RN / EN / EEN / 2 days / 14 CPD Hours / Orange NSW

### Clinical education toolkit: Clinical coaching

**25 to 27 May 2011**

● ● ● RN / CNS / CNE / CNC / 3 days / 21 CPD Hours / Melbourne VIC

### CPD portfolio workshop

**27 May 2011 / 9.00am – 12.30pm**

● ● ● EN / RN / Half day / 3.5 CPD Hours / Burwood NSW

### Competencies workshop

**27 May 2011 / 1.00pm – 4.30pm**

● ● ● EN / RN / Half day / 3.5 CPD Hours / Burwood NSW

#### NOTE

Course fees are outlined on page 7.

Skills/knowledge required: ● Basic ● Intermediate ● Advanced

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## June 2011 Calendar

### Continuing education short courses

#### Cultural diversity in the workplace

**1 June 2011**

● ● ● EN / RN / 1 day / 7 CPD Hours / Burwood NSW

#### Palliative care

**1 & 2 June 2011**

● EN / RN / 2 days / 14 CPD Hours / Brisbane QLD

#### Caring for the newborn infant in the special care nursery: An introduction

**2 June 2011**

● EN / RN / 1 day / 7 CPD Hours / Burwood NSW

#### Continence update

**3 June 2011**

● ● EN / RN / 1 day / 7 CPD Hours / Wagga Wagga NSW

#### General practice series. Part 1: Infection control in general practice

**7 June 2011 / 5.00pm – 7.30pm**

● EN / RN / 2.5 CPD Hours / Burwood NSW

#### Wound management

**7 & 8 June 2011**

● RN / EN / EEN / 2 days / 14 CPD Hours / Brisbane QLD

#### Orthopaedic update

**8 & 9 June 2011**

● ● EN / RN / 2 days / 14 CPD Hours / Burwood NSW

#### General practice series. Part 2: Nurse-led triage in general practice

**14 June 2011 / 5.00pm – 7.30pm**

● EN / RN / 2.5 CPD Hours / Burwood NSW

#### Advanced assessment skills

**15 & 16 June 2011**

● ● RN / NP / 2 days / 14 CPD Hours / Burwood NSW

## The deteriorating patient: Clinical decision making

**20 & 21 June 2011**

●● EN / RN / 2 days / 14 CPD Hours / Burwood NSW

## General practice series. Part 3: Ear syringing for practice nurses

**21 June 2011 / 5.00pm – 7.30pm**

● EN / RN / 2.5 CPD Hours / Burwood NSW

## Medical imaging

**22 & 23 June 2011 NSW HEALTH**

● EN / RN / 2 days / 14 CPD Hours / Burwood NSW

## Change management for clinicians

**23 & 24 June 2011 NSW HEALTH**

●● EN / RN / 2 days / 14 CPD Hours / Wollongong NSW

## CPD portfolio workshop

**27 June 2011 / 9.00am – 12.30pm**

●●● EN / RN / Half day / 3.5 CPD Hours / Burwood NSW

## General practice series. Part 4: Healthy kids check in general practice

**28 June 2011 / 5.00pm – 7.30pm**

● EN / RN / 2.5 CPD Hours / Burwood NSW

### NOTE

Course fees are outlined on page 7.

Skills/knowledge required: ● Basic ● Intermediate ● Advanced

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## Distance education programs

Many of our courses are offered in distance education and online modes, allowing you the flexibility to study at times that suit you. All students are fully supported by education staff and tutors who are available to assist you with your learning needs.

### Immunisation for registered nurses

Subject code: 046 (CPD only) Mode of delivery: Distance education and online

CPD hours: 75 hours over one semester Subject fee: Member \$664.50, Non-member \$782.00 (including GST)

Enrolment: Monthly

Pre-requisites: A current First Aid Certificate or CPR certification

This course is designed for registered nurses working in health areas where administration of immunisation is part of their role. It is based on the National Guidelines for Immunisation Education for Registered Nurses. Content includes the theoretical foundation of immunisation, the immune system and vaccination, epidemiology and vaccine-preventable diseases, myths and realities of immunisation, legal aspects and adverse events following immunisation. Other issues explored include handling and storage, administration of vaccines and health promotion resources. Students can choose to do this course either by distance or online. Successful completion of this course is a requirement for authorisation to administer vaccination without the direction of a medical officer within NSW. If you have previously completed a course that meets the National Guidelines for Immunisation Education for Registered Nurses in another state of Australia, you may apply to the Director, Education Services for recognition of prior learning (RPL).

### Immunisation: Tuberculosis

Subject code: 184 (CPD only)

CPD hours: 25 hours over one semester Subject fee: Member \$221.50, Non-member \$261.00 (including GST)

Pre-requisites: Immunisation (subject code 046) and a First Aid certificate or CPR certification

Students must have written approval from the Area TB Coordinator and be approved by NSW Health in order to do this course. This subject has two topics. Topic 1 will enable the registered nurse to competently assess clients for tuberculosis, safely administer TSTs, accurately read and document reactions, and review TST policy and procedures. Topic 2 will authorise registered nurses to administer the BCG vaccination without the direction of a medical officer within NSW. Students wishing to do Topic 2 must be working in a Chest Clinic and employed by a NSW Area Health Service.

The subject has both a theoretical clinical component that must be successfully completed. Protocols for accrediting interstate immunisation are in place.

## Principles of emergency care

Subject code: 022 (CPD and also available in Rural Nursing Studies, CPD)

CPD hours: 150 hours over one semester Subject fee: Member \$720.00, Non-member \$847.00 (including GST)

Pre-requisites: Entry level knowledge is a basic understanding of anatomy and physiology

This subject aims to prepare registered nurses to care for patients requiring emergency intervention. It is designed for nurses working in emergency departments as well as those working in smaller regional, rural and remote hospitals where nurses are expected to work in all areas of the hospital. Timely and accurate assessment and management in emergency situations reduces morbidity and mortality; therefore, it is imperative nurses are able to manage patients who have life- or limb-threatening conditions and provide time-critical interventions. This subject will provide the knowledge underpinning the skills needed for attending to first-line assessment and management of patients.

## EN (Division 2): Principles of emergency care

Subject code: 180 (CPD only)

CPD hours: 150 hours over one semester Subject fee: Member: \$617.00, Non-member: \$726.00 (including GST)

Pre-requisites: Entry level knowledge is a basic understanding of anatomy and physiology

This subject is designed for enrolled nurses working in any clinical setting who are required to assist in emergency situations. It provides students with a principles-based approach to patient assessment, nursing intervention and problem solving in emergency situations. Topics include scope of practice; legal and professional issues; patient assessment; airway and breathing assessment and assisting in airway management; circulation and perfusion; neurological assessment and management; stabilisation and transfer.



## Distance education subjects for RNs attracting credit transfer to postgraduate programs

The following distance education subjects for RNs attract credit into postgraduate programs at the College and a number of universities in Australia. All subjects are equivalent to 150 CPD hours. For more information go to [www.nursing.edu.au](http://www.nursing.edu.au).

- CPD Anaesthetic nursing
- Applied clinical physiology
- Applied neonatal physiology
- Assessing and managing adult pain
- Assessment of growth and development
- Assessment of the older person
- Audiometry nursing
- Blood and marrow transplantation
- Breast cancer nursing: Interventions in breast
- Breast cancer: Role of the nurse in the management of breast cancer care
- Cardiac nursing
- Cardiothoracic nursing
- Chemotherapy and other systemic treatments in cancer care
- Child and adolescent mental health nursing: Clinical assessment
- Child and adolescent mental health nursing: Intervention and management
- Child development in the family context
- Chronic and complex care
- Clinical competence: Contextual application in neonatal intensive care nursing
- Clinical issues in acute care nursing
- Clinical issues in audiometry nursing
- Clinical issues in cancer care nursing
- Clinical issues in cardiac nursing practice
- Clinical practice in child and family health
- Clinical issues in emergency nursing practice
- Clinical issues in intensive care nursing practice
- Clinical issues in orthopaedic nursing
- Clinical issues in care of the older person
- Communication: Applied strategies for health care professionals
- Concepts in critical care nursing practice
- Continence management
- Day surgery and day procedure: Principles of practice
- Dementia care
- Developing advanced nursing practice
- Electrocardiography: Clinical application
- Emergency nursing
- Family and child health
- Financial management
- Haematology nursing
- Healthy ageing
- Human resource management
- Infant and child nutrition and feeding
- Principles of infection control
- Intensive care nursing
- Introduction to leadership and management
- Medical imaging nursing

Men's health  
Mental health nursing: Clinical assessment  
Mental health nursing: Intervention and management  
Mental health nursing: Practice and philosophy  
Neonatal special care  
Neuroscience nursing  
Neurosurgical and neuromedical nursing  
Nursing in the perinatal environment  
Nursing the high risk newborn  
Operating room nursing  
Paediatric assessment: Physiology and development  
Paediatric emergency nursing  
Paediatric intensive care  
Paediatric pain: Assessment and management  
Post anaesthetic care PACU unit nursing  
Practice and philosophy of perioperative nursing  
Principles of acute care nursing  
Principles of acute paediatric nursing  
Principles of orthopaedic nursing  
Principles of renal nursing  
Principles of stoma care  
Principles of perioperative management  
Professional issues in aged care nursing  
Professional issues in mental health nursing  
Professional issues in paediatric nursing  
Professional issues in stomal therapy  
Quality in action  
Principles of renal replacement therapy  
Respiratory nursing  
Sexual health nursing: Principles and practice  
Sexual health nursing: Clinical practice  
Symptom management in advanced  
disease states  
Wound management



## Learning guides

### Registered nurse refresher program

Price: Member \$144.50, Non-member \$170.00 (including GST)

This learning guide is designed to help the student returning to nursing in any health care setting. Using a case study format the package guides the student through the process of caring for patients in the acute care setting. Topics explored include communication skills, interpersonal skills and assertiveness, pre- and post-operative care, medication administration, patient education and a variety of clinical presentations.

### Perioperative nursing: Introduction to anaesthesia and PACU nursing

Price: Member \$144.50, Non-member \$170.00 (including GST)

This learning guide is designed to introduce registered nurses beginning employment in the perioperative environment to the anaesthetic/recovery (post-anaesthetic care unit) subspecialty. It is also designed for experienced perioperative nurses who wish to refresh alternative subspecialty education or to provide the basis of an introductory program for perioperative educators. The package introduces students to foundations of practice within this perioperative subspecialty and covers professional and clinical issues encountered by the beginning practitioner, such as perioperative nursing roles, asepsis, patient positioning, environmental hazards in the operating suite, legal issues; anaesthetic pharmacology, equipment and procedures, specialist post-operative assessment and care including airway management; pain management; haemodynamic monitoring; fluid and electrolyte management and discharge planning.

### Advanced life support

Price: Member \$87.00, Non-member \$102.00 (including GST)

The purpose of the learning guide is to revise and expand your knowledge of the principles of advanced life support (ALS) for both adult and paediatric patients. It incorporates the current Australian Resuscitation Council (ARC) guidelines. Topic 1 looks at the role of resuscitation of the adult patient and examines the effectiveness of ALS and the interventions that are commonly used, including defibrillation and pacing. Airway management skills and techniques, and current drug therapies for the management of cardiac arrhythmias are discussed. Topic 2 focuses on paediatric resuscitation and the differences between this and adult resuscitation. Hypoxia in paediatric cardiac arrest and the more common arrhythmias of the paediatric patient are examined. Topic 3 reviews the management of patients post-resuscitation. There is an overview of the patient assessment and discussion on the inclusion of family/significant others in the resuscitation room.









## COLLEGE CONTACTS

**Course Information and Enrolment**

Phone: 02 9745 7500  
 Fax: 02 9745 7501  
 Email: sas@nursing.edu.au

**Customised Education**

and Consultative Service  
 Phone: 02 9745 7515  
 Fax: 02 9745 7501  
 Email: ceccs@nursing.edu.au

**Scholarships**

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 Email: scholarships@nursing.edu.au

**Library**

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 Fax: 02 9745 7503  
 Email: library@nursing.edu.au

**Membership Services**

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 Email: membership@nursing.edu.au

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[www.rcna.org.au](http://www.rcna.org.au)



CATSIN  
[www.indigenet.com.au/catsin](http://www.indigenet.com.au/catsin)

**ANMC**

AUSTRALIAN NURSING &  
 MIDWIFERY COUNCIL

Australian Nursing & Midwifery Council  
[www.anmc.org.au](http://www.anmc.org.au)



Australian College of Midwives

CORPORATE AFFILIATED ORGANISATIONS



ADF Nursing  
[www.defence.gov.au/dpe/dhs/](http://www.defence.gov.au/dpe/dhs/)



Bupa Care Services  
[www.bupacare.com.au](http://www.bupacare.com.au)



ACAA NSW  
[www.acaansw.com.au](http://www.acaansw.com.au)



Aged and Community Services  
 Association of NSW and ACT  
[www.agedservices.asn.au](http://www.agedservices.asn.au)



Blakehurst  
 Aged Care



The Buckland  
 Convalescent Hospital  
[www.buckland-rv.com.au](http://www.buckland-rv.com.au)



Catholic Healthcare Ltd  
[www.catholichealthcare.com.au](http://www.catholichealthcare.com.au)



Chandler Macleod Health  
[www.cmhealth.com.au](http://www.cmhealth.com.au)



Little Company of Mary  
[www.lcmhealthcare.org.au](http://www.lcmhealthcare.org.au)



Ramsay Health Care  
[www.ramsayhealth.com.au](http://www.ramsayhealth.com.au)



Pacific Heights/Rockdale  
 Nursing Homes



Scalabrini Village Aged Care  
[www.scalabrini.com.au](http://www.scalabrini.com.au)



Summit Health Care  
[www.summithealth.com.au](http://www.summithealth.com.au)



Symbion Health  
[www.symbionhealth.com](http://www.symbionhealth.com)



Uniting Care Ageing  
[www.nsw.uca.org.au](http://www.nsw.uca.org.au)

AFFILIATED PROFESSIONAL ORGANISATIONS



Alzheimer's Australia NSW  
[www.alzheimers.org.au](http://www.alzheimers.org.au)



Discharge Planning Association Inc  
[www.dischargeplanning.org.au](http://www.dischargeplanning.org.au)



The Association of Neonatal Nurses of NSW Inc



Association of Nurse Continence Advisers NSW



The Australasian Cardiovascular Nursing College  
 – [www.acnc.net.au](http://www.acnc.net.au)



ACU National Faculty of Health Sciences, School  
 of Nursing, NSW – [www.acu.edu.au](http://www.acu.edu.au)



Australian Day Surgery Nurses Association –  
[www.adsna.info](http://www.adsna.info)



Australian College of Nurse Practitioners –  
[www.acnp.org.au](http://www.acnp.org.au)



Australian Practice Nurses Association  
[www.apna.asn.au](http://www.apna.asn.au)



Australian Nurse Teachers Society (NSW) Inc  
[www.ants.org.au](http://www.ants.org.au)



Australian Orthopaedic Nurses Association Inc  
 NSW – [www.aona.com.au](http://www.aona.com.au)



Australian Women's Health Nurses  
 Association Inc – [www.womenshealthnurses.com](http://www.womenshealthnurses.com)



Australasian Rehabilitation Nurses Association Inc – [www.arna.com.au](http://www.arna.com.au)



Australasian Sexual Health & HIV Nurses Association Inc.



Cancer Nurses Society of Australia  
[www.cnsa.org.au](http://www.cnsa.org.au)



The Child and Family Health Nurses Association (NSW) Inc.



The Clinical Nurse Consultants Association of NSW



College of Emergency Nursing Australasia Ltd  
[www.cena.org.au](http://www.cena.org.au)



College of Nurses Aotearoa (NZ) Inc  
[www.nurse.org.nz](http://www.nurse.org.nz)



The Community Nurse Audiometrists Association Inc



Council of Children's Nurses Inc  
[www.ccnsww.org.au](http://www.ccnsww.org.au)



Council of Remote Area Nurses Australia Inc – [www.crana.org.au](http://www.crana.org.au)



Diabetes Australia New South Wales  
[www.diabetesnsw.com.au](http://www.diabetesnsw.com.au)



Drug and Alcohol Nurses Association Inc  
[www.danaonline.org](http://www.danaonline.org)



Enrolled Nurses Professional Association  
[enpansw.org](http://enpansw.org)



Gastroenterological Nurses College of Australia Inc – [www.genca.org](http://www.genca.org)



Holistic Nurses Association of NSW  
[www.achn.org.au/hnansw.htm](http://www.achn.org.au/hnansw.htm)



Infection Control Association NSW Inc  
[www.icansw.org.au](http://www.icansw.org.au)



NSW Operating Theatre Association Inc  
[www.nsw-ota.asn.au](http://www.nsw-ota.asn.au)



NSW Urological Nurses Society  
[www.anzuns.org](http://www.anzuns.org)

### The Nursing Society of UTS



Nursing Unit Managers Society of NSW Inc  
[www.numociety.org.au](http://www.numociety.org.au)



Otorhinolaryngology Head and Neck Nurses Group – [www.ohng.com.au](http://www.ohng.com.au)



The Psychogeriatric Nurses Association Australia Inc – [www.pгна.org.au](http://www.pгна.org.au)



Renal Society of Australasia (NSW Branch)  
[www.renalsociety.org](http://www.renalsociety.org)



Respiratory Nurses Interest Group of NSW



Spinal Injury Nurses Association  
[www.sina.org.au](http://www.sina.org.au)



University of Tasmania – [www.utas.edu.au](http://www.utas.edu.au)



School of Nursing Midwifery and Indigenous Health – [www.uow.edu.au/health/nursing](http://www.uow.edu.au/health/nursing)



School Nurses Association of NSW  
[www.schoolnursesnsw.asn.au](http://www.schoolnursesnsw.asn.au)



Southern Cross University  
[www.scu.edu.au](http://www.scu.edu.au)



Wound Care Association of NSW Inc  
[www.wcansw.com.au](http://www.wcansw.com.au)





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