

Mental Health Assessment Order Form

Title (Miss, Ms, Mrs, Mr, etc) _____

Surname _____

First Name _____

Position: _____

Address _____

_____ Postcode _____

Home Telephone () _____

Work Telephone () _____

Mobile _____

Place of employment: _____

Purchase Options

LEARNER'S PACKAGE (code 07694)
1 CD-ROM, 1 self-directed learner's workbook
\$115 members, **\$130** non-members. Member no: _____

FACILITATOR'S PACKAGE (code 07695)
1 CD-ROM, 1 self-directed learner's workbook,
1 facilitator's guide – **\$555**

STAFF DEVELOPMENT PACKAGE (code 07695)
3 CD-ROMs, 3 self-directed learner's workbook,
1 facilitator's guide – **\$760**

BULK PURCHASE (code 07694)
10 or more learner's packages – **\$115** per unit

Payment Details

Please find enclosed my cheque/money order for the sum of
\$ _____ made payable to The College of Nursing.

OR

Bankcard Mastercard Visa

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Amount \$ _____ Exp. Date /

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Signature _____

Please return your completed order form with payment to:
The College of Nursing, Locked Bag 3030, Burwood NSW 1805
Tel (02) 9745 7500 Fax (02) 9745 7501



The Mental Health Assessment CD-ROM, workbook and guide were produced by The College of Nursing with financial assistance from the Centre for Mental Health.

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incorporating The NSW College of Nursing

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Mental Health Assessment – a step by step approach



**CD-ROM and Learner's
Workbook
and
Facilitator's Guide**

Creating nursing's future

Introduction

The importance of conducting an effective mental health assessment has been highlighted in recent times. The College of Nursing has developed an innovative educational package addressing this health assessment process. The package consists of a CD-ROM and a learner's workbook. A facilitator's guide is also available.

The great advantage in using this package is the learner has the opportunity to observe the assessment process as many times as they wish and at their own pace.

CD-ROM

The CD-ROM is divided into chapters and shows video footage of a client on their initial contact with the health care worker in a generic setting. The CD-ROM is designed in such a way that it can be paused at any time during the video and replayed or forwarded depending on the learner's requirements.

The mental health assessment on the CD-ROM follows the biopsychosocial model. Before the assessment commences the client's history and the events leading to the current situation are presented.

Learners can follow the assessment through to the prioritising, management planning and referral points. There are learner alerts which appear on the screen to attract a learner's attention to pertinent points in the process. Links to additional websites are also provided at the end.

These learner alerts are linked to corresponding entries in the learner's workbook.

Learner's workbook

The workbook provides learners with a guide to navigate their way through a mental health assessment. It provides explanations of the biopsychosocial model, the mental state examination and incorporates requirements of the MH-OAT initiative.

The activities in the workbook are designed to engage learners and encourage them to relate their learning back to their clinical practice. Web site addresses for additional resources are also provided to encourage evidence-based practice.

Facilitator's guide

The facilitator's guide provides the facilitator with an overview of the characteristics of adult learners, suggested ice-breakers, activities and discussion questions for use with individuals and groups—both small and large. Each activity page has a set format including suggested time limits, requirements for the sessions (including any pre-reading), and directions to help the facilitator run the activity.

Suggestions as to how to capitalise on the learner alerts contained within the CD-ROM are also provided. Facilitators will find handouts and suggested overhead transparency layouts in the guide.

New staff may be guided through all the activities, whereas advanced practitioners may do fewer activities but be encouraged to reflect on their current practice.

Educational uses for the Mental Health Assessment – CD-ROM, workbook and guide

There are a variety of ways in which this package may be used. These are outlined below:

Individual study

The CD-ROM in conjunction with the learner's workbook, may be used as a self-directed, self-paced learning package by an individual health care worker.

Small groups

The CD-ROM and learner's workbook can be used in small groups to provide stimulus for discussion on any of the mental health assessment topics included in the package.

Large groups

A facilitator can use any part of the CD-ROM to provide a visual demonstration of a mental health assessment to facilitate learning in large groups.